



# Sailing Instructions for the Sandy Bay Ocean Race

**RULES** The Racing Rules of Sailing (RRS) and the prescriptions of US Sailing will govern, except where specified otherwise by the PHRF Rules or these sailing instructions. Protests will be heard immediately after the race and there will be no appeal from any decision of the Protest Committee. The 720 Rule will be in effect. **NO SPINNAKERS WILL BE USED.**

**START** **11:00 AM** between an orange flag on the SBYC Committee Boat and an inflatable buoy in Sandy Bay. Race Committee will monitor Channel 69 and may make announcements to competitors on that frequency.

**FINISH** Between an orange flag on the Committee Boat and an inflatable buoy or Mark D. If the Committee boat is not on station at the finish, competitors shall take their time when the starting mark is abeam at a distance of 100 feet or less. Lead vessels to report to Race Committee on VHF Channel 69 approximately 30 minutes prior to finish.

**MARKS** Refer to Charts 13278 (old 1206) and 13279 (old 243)  
Mark A: "3" Gong - Northwest end of Sandy Bay Breakwater  
Mark B: R "2" Bell - Off Castle Neck/Plum Island  
Mark D: Can "3" - Ninefoot rock in Sandy Bay  
Mark E: R "2" Whistle - South of Eastern Point, Gloucester

**COURSES** 1. Courses will be indicated by a single letter displayed on the Committee Boat.  
2. Leave each marker on the side indicated - (Prt for Port and Sbd for Starboard) cross the finish line in the direction from previous mark or obstruction.

[A] D(Prt) A(Sbd) B(Prt) Finish 13.8 miles (approx.)

[B] D(Prt) E(Prt) Finish 17.8 miles (approx.)

## NAVIGATION INFORMATION

1. Yachts must NOT pass inside Straitsmouth, Thacher or Milk Islands.
2. Yachts entering or leaving Sandy Bay in the vicinity of Straitsmouth Island must pass to the south of Avery's Ledge, Bell "2", and 200 yards northeast of Straitsmouth Island.
3. Yachts must NOT pass between any two of the following buoys:  
Gong 3 (Mark D) - Bell 1(Flat Ground) - Bell 1 (Mark F, Dry Salvages) and If any of the above are used as a turning mark in a manner requiring yachts to pass inside, it shall be rounded close aboard.

**Saturday \* July 30, 2011**  
**Skippers Meeting 10:00 a.m. at Sandy Bay Yacht Club**  
**Warning Gun at 11:00 AM in Sandy Bay**

For more information or to register contact Stephen Ouellette at [smo@fishlaw.com](mailto:smo@fishlaw.com) or 978-317-2542. Register by mailing an entry form along with a \$25 boat fee to Stephen Ouellette, 2 Gap Head Road, Rockport, MA 01966.

Fee includes awards and a beer and wine social after the race at Sandy Bay Yacht Club.  
(Make checks payable to Stephen M. Ouellette.)